CLAIMS

- 1 1. (Currently amended) A composition consisting essentially of:
- a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or
- 3 osmium carbine catalyst; and
- one or more toughness and/or hardness modulators, the one or more toughness and/or
- 5 hardness modulator modulators comprising a silicone.
- 1 2. (Original) The composition of claim 1, wherein the polyolefin is poly-DCPD.
- 1 3. (Cancelled)
- 1 4. (Previously presented) The composition of claim 1, wherein the silicone is polysiloxane.
- 1 5. (Previously presented) The composition of claim 1, wherein the polysiloxane is a
- 2 poly(dimethylsiloxane) or a poly(diphenylsiloxane).
- 1 6. (Original) The composition of claim 2 wherein the one or more toughness
- 2 modulators is present in an amount between about 0.1% and about 20% by weight of the olefin
- 3 monomer.
- 1 7. (Original) The composition of claim 6 wherein the one or more toughness
- 2 modulators is present in an amount between about 0.5% and about 10% by weight of the olefin
- 3 monomer.
- 1 8. (Original) The composition of claim 7 wherein the one or more toughness
- 2 modulators is present in an amount between about 1% and about 5% by weight of the olefin
- 3 monomer.

(Cancelled). 1 9. (Cancelled) 1 10. (Cancelled) 1 11. (Cancelled) 12. 1 (Cancelled) 1 13. (Cancelled) 1 14. 1 15. (Cancelled) 16. (Cancelled) 1 1 (Cancelled) 17. (Previously presented) A golf club head consisting essentially of: 1 18. 2 a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or osmium carbene catalyst; and 3 one or more toughness and/or hardness modulators. 4 19. (Cancelled) 1 (Previously presented) The golf club head of claim 18 wherein the polyolefin is poly-1 20. 2 DCPD.

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21.

(Cancelled)

- 1 22. (Cancelled)
- 1 23. (Cancelled)
- 1 24. (Cancelled)
- 1 25. (Currently amended) A process for preparing a composition having hardness or
- 2 toughness properties consisting essentially of contacting a cyclic olefin with a ruthenium or
- 3 osmium carbene catalyst and one or more hardness and/or toughness modulators, the one or
- 4 more toughness and/or hardness modulator modulators comprising a silicone.
- 1 26. (Cancelled)
- 1 27. (Cancelled)
- 1 28. (Previously presented) The process of claim 25 wherein the silicone is a polysiloxane.
- 1 29. (Original) The process of claim 28 wherein the polysiloxane is a poly(dimethylsiloxane)
- 2 or a poly(diphenylsiloxane).
- 1 30. (Currently amended) The composition method of claim 26 wherein the one or more
- 2 toughness modulators is present in an amount between about 0.1% and about 20% by weight of
- 3 the olefin monomer.
- 1 31. (Currently amended) The composition method of claim 30 wherein the one or more
- 2 toughness modulators is present in an amount between about 0.5% and about 10% by weight of
- 3 the olefin monomer.
- 1 32. (Currently amended) The composition method of claim 31 wherein the one or more

- 2 toughness modulators is present in an amount between about 1% and about 5% by weight of the
- 3 olefin monomer.
- 1 33. (Cancelled)
- 1 34. (Previously presented) A composition comprising:
- a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or
- 3 osmium carbene catalyst; and one or more toughness modulators; wherein the olefin monomer is
- 4 a dicyclopentadiene and the one or more toughness modulators is poly(dimethylsiloxane) or
- 5 poly(diphenylsiloxane).
- 1 35. (Original) The process of claim 25 wherein the cyclic olefin is dicyclopentadiene.
- 1 36. (Original) The composition of claim 1 wherein the olefin monomer is dicyclopentadiene.
- 1 37. (Original) A composition comprising:
- a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or
- 3 osmium carbene catalyst; and
- 4 one or more toughness and/or hardness modulators, wherein the one or more toughness
- 5 modulators comprises a silicone.
- 1 38. (Original) The composition of claim 37, wherein the silicone is a polysiloxane.
- 1 39. (Original) The composition of claim 38, wherein the polysiloxane is a
- 2 poly(dimethylsiloxane) or a poly(diphenylsiloxane).
- 1 40. (Original) An article of manufacture comprising:
- a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or

- 3 osmium carbene catalyst; and
- 4 one or more toughness and/or hardness modulators,
- wherein the polyolefin is poly-DCPD, and wherein the article is a molded part selected
- 6 from the group consisting of a golf club head and a golf club shaft.
- 1 41. (Original) A process for preparing a composition having hardness or toughness
- 2 properties comprising contacting a cyclic olefin with a ruthenium or osmium carbene catalyst
- 3 and one or more hardness and/or toughness modulators, wherein the one or more toughness
- 4 modulators comprises a silicone.
- 1 42. (Original) The process of claim 41, wherein the silicone is a polysiloxane.
- 1 43. (Original) The process of claim 42, wherein the polysiloxane is a poly(dimethylsiloxane)
- 2 or a poly(diphenylsiloxane).
- 1 44. (Original) A golf club shaft consisting essentially of:
- a polyolefin prepared by the metathesis of an olefin monomer using a ruthenium or
- 3 osmium carbene catalyst; and
- 4 one or more toughness and/or hardness modulators.